Hey Mom I Am A Targeted Individual

Hey Mom, I'm a Targeted Individual: For the Families and Friends of Targeted Individuals - Cathy Meadows on Kindle

Hey Mom, I'm A Targeted Individual by Cathy Meadows M. A, Clinical Psychology Consultant, Advocate, Witness For Targets of Bullying, Workplace Mobbing And Covert Harassment and Surveillance

The strength that the targets possess lies in their diversity. They are both male and female, and they herald from all races, lifestyles, political persuasions, backgrounds, and genders. They are conservatives and liberals, rednecks and hippies, good ole boys, and southern belles, patriarchists and feminists, white collar and blue collar. They cover every job description, educational level, and are from every corner of the country.. They stand together and they are not divided by superficialities. This is their strength. They are simply Americans.

To the Families of Targeted Individuals Often, people are targeted because they did something right. Targeting can happen to anyone who sounds an alarm about something that is ethically or morally wrong, or illegal.

Many people are targeted for other reasons but it's for sure that most targeting has something to do with someone else's fear about being exposed for some kind of wrong-doing.

Covert harassment and surveillance is a horrific crime and all targets need someone to talk to about their feelings of alienation, confusion, and shock with regards to what's happening to them. Be that person who listens without making judgement calls. It's the single most important thing that you can do. Dedicated to All Targets Everywhere.

Never Give Up!

About Me

Hi, My name is Cathy Meadows and I've been working with victims of Covert Harassment and Surveillance for over IO years. I first became aware of targeted retaliation when I myself became targeted after calling out wrongdoing in my community. For years I sought out others like me, and I researched this phenomenon as best I could. There wasn't a lot of information about it back in the 1990's and early 2000's but I knew there had to be others who were suffering, like myself.

This program was too well organized, prolific, and all- encompassing to have been constructed just for me. Finally, around 2005 1 began to find a few websites and posts written by people who were

experiencing the same kinds of civil and human rights abuses that I was which gave me the courage to speak openly about targeting on different internet venues. Soon I became a member of the original, Freedom From Covert Harassment and Surveillance, over which Derrick Robinson presided (he now presides over PACTS International). Not long after that I became familiar with the works of Dr. John Hall [and others …]

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As Ed Donegan asserts Stalkers try to draw missteps from the stalked OR assert a correct act from a stalk victim was paranoid and thus the stalk victim should be institutionalized.

Logging Stalker is what I have done aver 40 years of being put in psych wards and spending 7 to 10 thousand phone calls to my family I was being stalked.

Hey Mom I Am A Targeted Individual, a behavioral counselor explains how people get wrongly institutionalized while fighting against the Stalk team using assets of FBI, CIA, and others.,

As stated normal mind attempts to bring closure to anything it doesn't understand (menacing surroundings) and even if a target isn't "crazy" this kind of confusion about the who's, why's, how's and what's of the attacks can get victims wrongly diagnosed, institutionalized, and medicated.

The following is your first piece of evidence that group stalking and harassment is for real. Get your computer or smart phone because this is worth it. I'm curious to know what you think. The video is by Norma Lawrence.

https://vimeo.com/31636917

Defamation of Character

[Creating a *"Legend"*that some person is threat and doesn't belong there, creating a basis for retaliation ***on the record*** against a person framed ***off of the record***, the **Abuse of Process** system that is Obstruction of Justice and Conspiracy Against Rights.]

[Creating By Undercover Operatives Deceived Emotional Lynch Mobs]

Slander can rally many people in the community, particularly financially marginalized people, young people, emotionally damaged persons, and angry middle-aged men (David Lawson, Cause Stalking: Terrorist Stalking in America) against targets. Slander is free, easy, and effective and it's the foremost tool used by the perpetrators because it fuels hatred for the target.

It's virtually impossible to carry off the targeting without it. Slander can get an entire community mobilized against an individual, and induce the community to commit felonies against that person, for fun and relaxation.

Kind of like what throwing Christians to the lions did for citizens in Ancient Rome. Further, it can cause psychological confusion in the target who'll worry about what's being said about him or her that's so horrific that their neighbors, co-workers, and other associates have turned against them.

As an added bonus, this tactic often lowers the self esteem of targets, and damages their egos. This, along with sleep deprivation, 24/7 harassment, worry, and confusion could lead to an agonizing descent into mental illness (or at least the perpetrators of the crime hope so).

Quite Often, fake police documents are distributed around the locality of the target that falsely describe the target as some kind of a community danger.

From what the targets themselves report, it appears that the false documentation against them usually has to do with sex crimes, theft, violence, and associations with terrorism.

Those who introduce the illegal and slanderous "offcial" documentation into the community usually show fake police badges, or something similar, to prove their point. However, law enforcement doesn't knock on doors. They simply put the stats on the internet and in 99 percent of the cases I've worked on, all accusations are criminally false.

The good new is that sometimes these kinds of attacks work against the stalkers because spreading disgusting slander, and falsified documents goes towards proving that the target is not imagining that people are out to get him or her. It's proof that someone is, and it's illegal as hell. Prison awaits those who find themselves in the cross-hairs of some of the more retaliatory targets who have resources.

Homeless and indigent people are often used to harass targets and all it takes is $5.00, a threat, a sandwich, a cheap bottle of booze, or a very small amount of their favorite drug to draw them in. In fact, because they have nothing, almost anything you give to indigent people could seduce them into committing a felony.

You may not suspect that someone who is driving a car and is dressed well is poor but think again. Many of the vehicles that the stalkers use are lent to them. Also, they may be given free haircuts, clothes from a 2nd hand store, or other goodies that the overseers got for free on Craigslist.

Sometimes people who have their own places and cars have over-extended themselves financially and will work for as little as $20.00 a day, to follow a target around, menacingly. Plus, figure in those stalkers who have been deluded into thinking that they're some kind of James Bond who are saving their communities by harassing a "dangerousperson who has done bad things" and the criminal perpetrators have themselves a free army [of "Noble Savages", punks and prison snitches, trustees, etc. helping the police now.]

The pay scale, if there is one, is very low and people who work at fast food restaurants make more. However, the stalking schedule is often flexible and many guys do it just to impress the females, and vice versa.

Sometimes, sex is involved. Seduction is used as much as possible to get people to commit these types of felonies. Most of the time, the top stalkers just have to flirt with the recruits and offer the promise of something that's probably never going to happen. [Frequently they are Targted themselves like Veronica Hoffman, Bobby Courtney, and Jimmy of Corpus Christi.]

Illegal Entry

What occurs in 99 percent of all cases is illegal entry, and gaslighting. Illegal entry is done either the good old fashioned way, with credit cards, lockpicks, etc.,

Why don't the targets report the illegal entry to the police? Sometimes they do but in the majority of cases there's no extreme evidence that anyone other then the tenant (or someone posing as the landlord) was in the home.

These criminals don't break and enter; they illegally enter. Further, the stalkers usually don't break or steal any of the target's possessions, but when they do it's minor or can be explained away as normal breakage. The more targets call the cops, the crazier they look, and some cops have been know to call a 51-50 (involuntary psychiatric hold) out on a target out of fear for the target's safety.

[If they do break in they pose as rescuers to children being held or other emergenices that do not exist.]

Gaslighting

[Black bag jobs planting items, removing them, or altering them in the absence of the home owner or leasor of the property]

The term "gaslighting" is taken from a 1944 movie thriller starring Ingrid Bergman (wife) and Charles Boyer (husband). In the movie, the husband tries to drive his wife into madness by assuring her that there's no gas with which to light up the lanterns in their home. Yet, every night while she lies in bed the lanterns light up. She continuously tells her husband what's happening and he continuously tells her that she's imagining it, thereby making her question her own sanity.

When stalkers illegally enter the home or vehicle of their target they let them know that they've been there, but in a subtle way. They leave one little thing out of place, for example. They may do small but noticeable vandalism, move things around, or take things and bring them back at a later date. This is not really confusing for most targets, who know exactly what's happening, but it can be infuriating that their right to privacy is being trampled on.